



## Arlington PLIF/TLIF Cage

Instructions for Use W31-062-001 Rev. C Issue Date: Sep -17

### **Caution:**

**Carefully read all the instructions and be familiar with the surgical technique(s) prior to use of the system. Additional warnings and precautions may be included in the surgical technique or on the label. This product must only be used by trained, qualified persons, aware of the directions for use.**

**Federal law restricts this device to sale, distribution and use by or on the order of a physician.**

### **1 Device Descriptions**

Arlington PLIF/TLIF cages are supplied individually sterile packed and are intended for single patient use only. Additionally, Arlington PLIF/TLIF cages are available in a range of sizes to allow correct selection to match the patient's anatomy.

**Material:** Polyether ether ketone (PEEK) polymer per ASTM F2026 with Unalloyed Tantalum bead per ASTM F560.

The device is intended to restore disc height and support loading during intervertebral body fusion. The device consists of rectangular cage geometry with a bullet tip to ease insertion, and serrated teeth on the inferior and superior surfaces to resist expulsion. The centre of the device is hollow to accept bone graft (autogenous) to promote arthrodesis.

### **2 Indications**

The Signature Orthopaedics Arlington PLIF/TLIF system is indicated for use as intervertebral body fusion devices in skeletally mature patients with degenerative disc disease (defined as discogenic back pain with degeneration of the disc confirmed by patient history and radiographic studies) at one or two contiguous levels of the lumbar spine (L2-S1). These DDD patients may also have up to Grade 1 spondylolisthesis or retrolisthesis at the involved level(s). Patients should have at least six months of non-operative treatment prior to surgery. The device is to be used with autogenous bone graft. The Arlington PLIF/TLIF is used to facilitate fusion in the lumbar spine and are placed using either a PLIF or TLIF approach. Arlington PLIF/TLIF system is intended for use with supplemental internal fixation products.

### **3 Contraindications**

The Signature Orthopaedics Arlington PLIF/TLIF is contraindicated for use under the following conditions:

- Osteoporosis
- Active systemic infection or infection localized to the site of the proposed implantation
- Any entity or condition that totally precludes the possibility of fusion, i.e., cancer, kidney dialysis, osteopenia, obesity, or foreign body sensitivity.
- Patients whose activity, mental capacity, mental illness, or lifestyle may interfere with their ability to follow postoperative restrictions

### **4 Patient Selection Precautions**

The following factors may be relevant to the success of the procedure:

- The patient's body mass. An obese patient may place increased loads on the intervertebral body device which can lead to failure of the device or subsidence into the vertebral body. The risk increases with smaller size implants and increasing patient weight.
- The patient's regular type and level of activity or employment may affect the durability of the components. If the patient's occupation or activity includes significant impact loads, the increased force can cause failure of the implant or failure of the fixation of the device to bone. High levels of physical activity over time can accelerate the normal wear process that occurs with contacting surfaces of the implant.
- Mental illness, or substance dependence which may tend to reduce the patient's compliance with prescribed precautions and limitations on physical activities, which may cause implant failure or other complications.
- Material sensitivity. Patients should be screened for potential sensitivity to the constituent materials composing the device. If sensitivity is suspected, Preoperative tests should be conducted.

### **5 Possible Adverse Effects**

Following are specific adverse effects which should be understood by the surgeon and explained to the patient. These warnings do not include all adverse effects that may occur in surgery, but are important considerations particular to the devices included in this document.

- Nonunion (pseudarthrosis)
- Bending or fracture of implant.
- Early or late loosening of the implant
- Metal sensitivity, or allergic reaction to the implant

- Early or late infection
- Decrease in bone density due to stress shielding
- Pain, discomfort, or abnormal sensations due to the presence of the device
- Various nerve and vascular damage due to the proximity of the implant to major structures
- Bursitis
- Paralysis
- Dural tears experienced during surgery could result in the need for further surgery, a chronic CSF leak or fistula and possible meningitis
- Death
- Damage to lymphatic vessels and/or lymphatic fluid
- Spinal cord impingement or damage
- Cessation of growth of the operated portion of the bone
- Fracture of bony structures, or penetration of the implant into the bone
- Bone formation around and through the implant making removal difficult
- Screw back out, possibly leading to implant loosening, and/or reoperation for device removal
- Post operative change in spinal curvature, loss of correction, height and / or reduction
- Degenerative changes or instability in segments adjacent to fused vertebral levels

### **6 Patient Consent**

As with all surgical procedures, the patient should be made aware of the risks and possible adverse effects. In particular the patient should be warned of limitations of the devices being implanted, including the limited expected service life of the device and the possible requirement for revision surgery to replace worn or damaged implant or to correct device malfunctioning.

### **7 Preoperative**

Care should be taken when handling the Arlington PLIF/TLIF cage to avoid damaging the device. Denting, notching or scratching can greatly reduce the compression strength, fatigue resistance or wear properties of the component potentially leading to fracture or failure of the device. Surgical technique information is available for Arlington PLIF/TLIF cage. The surgeon should familiarise themselves thoroughly with the technique prior to consideration of the use of the device for any specific patient.

Implants are only to be used with approved Signature Orthopaedics instrumentation. The surgical instrumentation prescribed within the technique for the implantation of the device should not be used for any other device or in a manner contrary to its intended use. Failure or breaking of instruments

can occur. Instruments have a limited service life and should be examined for wear or damage and replaced prior to surgery if required.

Instrumentation and implants should be sterilised according to the manufacturer's protocols. Do not resterilise component parts which have been assembled, or implants connected to surgical instruments. Do not cool hot components in cold water.

The Signature Orthopaedics Arlington PLIF/TLIF cage has not been evaluated for safety and compatibility in the MR environment. It has not been tested for heating, migration, or image artifact in the MR environment. Signature Orthopaedic does not recommend MR imaging for any patients implanted with product from their spinal implant range without prior consultation with an expert radiologist for assessment of potential adverse events such as device movement, localized burns, torsional or shear strain on the implanted device.

Signature Orthopaedics' Arlington PLIF/TLIF cage is non-pyrogenic. The implants have had non-pyrogenicity validated to endotoxin levels below 20EU/device, thus meeting USP guidelines for non-pyrogenicity.

### 8 Intraoperative

Correct implant selection is extremely important. The use of preoperative imaging, templating and the intraoperative use of trial components is recommended to facilitate the choice of an optimum size. The patients overall anatomical and medical condition should also be considered in conjunction with age, expected activity level, life expectancy and potential for future revision surgeries. The incorrect selection of implant size may result in failure of the device and/or bone.

Implants should be inspected before use. Do not use any implants that have visible damage such as chipping or bending. Do not use any implants that have been dropped on the floor.

Implants removed from the patient at revision surgery should never be reimplanted as the fatigue state of the implant cannot be determined by visual examination. Removed implants must be treated as biological hazards and are required to be treated or disposed of according to the country's waste regulations where the implant is removed.

The wound site should be thoroughly cleaned of bone and other debris before closure.

### 9 Postoperative Care

External immobilization is recommended until X-rays confirm the formation of the fusion mass. Instructions to the patient to reduce stress on the implants are an important part of the attempt to avoid the occurrence of clinical problems that may accompany fixation failure.

### 10 Packaging and Labeling

Components should only be used if the factory packaging and labeling are intact. If the sterile barrier has been broken, return the component to Signature Orthopaedics.

### 11 Cleaning and Sterilization

Implants are provided sterile and do not require cleaning or sterilization prior to use. All reusable instruments are supplied non-sterile and require cleaning and sterilization prior to use. A complete guide for reprocessing reusable instruments may be provided upon request.

### 12 Storage and Handling

Implants and instruments are to be stored in dry, clean surroundings at room temperature, in their original packaging or sterilisation tray respectively.

### 13 Limited Warranty / Liability

Signature Orthopaedics products are sold with a limited warranty to the original purchaser against defects in workmanship and materials. Any other express or implied warranties, including warranties of merchantability or fitness, are hereby disclaimed.

Signature Orthopaedics Europe Ltd. shall not be liable for any incidental or consequential loss, damage, or expense, directly, or indirectly arising from the use of this product. Signature Orthopaedics Europe Ltd. neither assumes nor authorizes any other person to assume for it any other or additional liability or responsibility in connection with this product. Signature Orthopaedics Europe Ltd. intends that these instruments should be used only by physicians with appropriate training in orthopaedic surgical techniques.

### 14 Contact Information

If more than 2 years have elapsed between the date of issue/revision of this document, and the date of patient consultation, contact the appropriate Signature Orthopaedics location for current information. For further information or questions pertaining to sales and service, please contact your local sales representative or the appropriate Signature Orthopaedics location as listed below:

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### 15 Label Symbol Legend



Product code



Batch number



Consult instructions for use



Do not resterilize



Single Use



Do not use if package damaged



Sterilized by Ethylene Oxide



Sterilized by radiation



Manufacture date



Manufacturer



Expiration date



Warning

